

## **What to Pack** by Delta Willis

Whether you're rafting down the Colorado or on safari in Africa, dress in layers. Active days begin before dawn, moving in a boat or 4WD vehicle will add a breeze, but towards ten in the morning you may peel away the top layer, and by two may be ready for a swim. By tea time you may need a jacket or sweater again, and zip on those long slack legs that you unzipped earlier in the day. Desert terrain cools down fast, and in tropical areas you want long pants, long sleeves and socks to discourage mosquitoes. When you pack, roll clothes rather than folding; it saves space inside your luggage.

**Bag** \_\_\_\_\_  
**Binoculars** \_\_\_\_\_  
**Camera** \_\_\_\_\_  
**Dress, one** \_\_\_\_\_  
**Eye glasses** \_\_\_\_\_  
**Flashlight** \_\_\_\_\_  
**Hat with brim** \_\_\_\_\_  
**Insect repellent** \_\_\_\_\_  
**Malaria pills** \_\_\_\_\_  
**Medicine kit** \_\_\_\_\_  
**Money** \_\_\_\_\_  
**Passport** \_\_\_\_\_  
**Rain gear** \_\_\_\_\_  
**Shirt, long sleeve** \_\_\_\_\_  
**Shoes** \_\_\_\_\_  
**Safari shorts x 2** \_\_\_\_\_  
**Slacks x 2** \_\_\_\_\_  
**Socks x 3 pair/underwear x 3** \_\_\_\_\_  
**Sunscreen** \_\_\_\_\_  
**Swimsuit** \_\_\_\_\_  
**Thongs** \_\_\_\_\_  
**Toiletries** \_\_\_\_\_  
**Visa** \_\_\_\_\_  
**Ziplocks** \_\_\_\_\_

### **Sense of Humor**

The most important thing to take on any voyage is a sense of humor. There will always be surprises in a journey, and the key is not what we're confronted with, but how we deal with a situation. Whether you're rock climbing or about to climb the walls in a crowded airport, your finesse is lost when angry, anxious or impatient. Smile, it's contagious, and it works on airline and hotel employees, as well as people who have no idea what you're trying to say!

*Bon Voyage, or Mzuri Safari*

*Delta Willis*

