



## What to Pack by Delta Willis, [www.deltawillis.com](http://www.deltawillis.com)

Whether you're rafting down the Colorado or on safari in Africa, the general rule is to dress in layers. Active days begin before dawn, moving in a boat or 4WD vehicle will add a breeze, but towards ten in the morning you may begin to peel away the top layer, and by two you may be ready for a swim. By early evening you may need your jacket or sweater again, and zip on those long slack legs that you unzipped earlier in the day. Desert terrain cools down astonishingly fast, and in tropical areas you want the coverage of long pants, long sleeves and socks to discourage mosquitoes. Roll shirts, slacks, socks and skirts rather than folding; it saves space inside your luggage.

### Basic Packing List, page 1

Bag \_\_\_\_\_

Binoculars \_\_\_\_\_

Camera \_\_\_\_\_

Dress, one \_\_\_\_\_

Eye glasses \_\_\_\_\_

Flashlight \_\_\_\_\_

Hat with brim \_\_\_\_\_

Insect repellent \_\_\_\_\_

Malaria pills \_\_\_\_\_

Medicine kit \_\_\_\_\_

Money \_\_\_\_\_

Passport \_\_\_\_\_

Rain gear \_\_\_\_\_

Shirt, long sleeve \_\_\_\_\_

Shoes \_\_\_\_\_

Safari shorts x 2 \_\_\_\_\_

Skirt [for women] \_\_\_\_\_

If you need any of these items, go to <http://www.deltawillis.com/pack2.htm> and buy them online!

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**Basic Packing List page 2**

Slacks x 2 \_\_\_\_\_

Socks x 3 pair/underwear x 3 \_\_\_\_\_

Sunscreen \_\_\_\_\_

Swimsuit \_\_\_\_\_

Thongs \_\_\_\_\_

Tickets \_\_\_\_\_

Toiletries \_\_\_\_\_

Visa \_\_\_\_\_

Watch \_\_\_\_\_

Add any personal essentials

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Sense of humor \_\_\_\_\_

The most important thing to take on any voyage is a sense of humor. There will always be surprises in a journey, and the key is not what we're confronted with, but how we deal with the situation. Whether you're rock climbing or about to climb the walls in a crowded airport, your finesse is lost when angry, anxious or impatient. Smile, it's contagious, and it works on airline and hotel employees, as well as people who have no idea what you're trying to say!

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Bon Voyage, or Mzuri Safari =====[www.deltawillis.com](http://www.deltawillis.com)